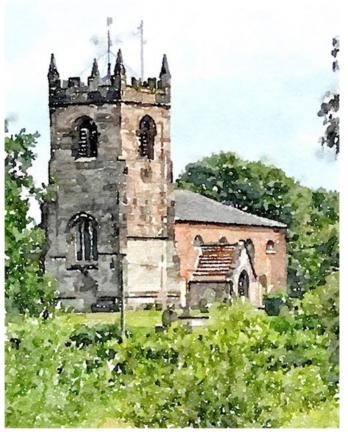


# Lawton Light!

Church Lawton Parish Magazine

#### September 2024

50p



But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Galatians 5: 22 - 23

www.allsaintschurchlawton.co.uk Sharing the love of Jesus in our community



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Please follow the link to find out the many ways to donate to the upkeep of All Saints' Church Lawton <u>https://allsaintschurchlawton.co.uk/</u> giving-to-church/



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# LAWTON LIGHT! Who's Who at All Saints'?

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Messy Church	Jackie Moss	Tel:01782 771067
Lawton Light!	Jane Baker	Tel:01270 876363
Musical Director	Margaret Cruxton	Tel:01270 876366

\*\* Members of our team are very pleased to visit you in your home, to listen to you, talk with you, and pray with you. Nothing is too trivial, and nothing is beyond the reach of God's love and grace.

All you have to do is pick up the telephone and call.

We will be delighted to hear from you, and respond to your need.



# **September Letter**

#### Dear friends,

I am writing this the day after Alan and I hosted Afternoon Tea at the Rectory - and you can see some photos of the wonderful afternoon we had later in the magazine. We thoroughly enjoyed seeing everyone and chatting over sandwiches and cake, thank you so much for coming.

In September I am beginning another event taking place in the rectory – Midweek. Midweek will be a weekly short communion service at 11am in the Chapel at the rectory using informal liturgy. On the first Wednesday of every month, it will be followed by an informal lunch (soup and sandwiches), again at the rectory.

For those who work during the day, on the first Wednesday of every month, this short communion service will be repeated in the Chapel at 6:30 PM, this time followed by an informal supper (pizza). My aim is simply to encourage us to meet together with the Lord as part of our personal rhythm of prayer and worship, which is the foundation of our fellowship and faith. It would be lovely to welcome you to the rectory for Midweek, so why not give it a try? September is the beginning of a new school year, and it has that new year feel as there is lots going on in Church Lawton this month.....

At our September Parochial Church Committee meeting, as well as the usual regular agenda items, we'll be thinking about our values as a PCC. These are important as they help us think about not only what we are doing as a church but the way we are doing them. Our values will compliment our Mission Statement Sharing the love of Jesus in our community.

Our Divine Relief Project continues to gather information with a visit from a heating specialist to help us understand our heating needs now and in the future and the best way to meet those need from both an economic and environmental viewpoint.

This month also sees the start of a trial period in which we will be

using different informal communion liturgies at our 10.45 service, such as Iona, Taize, Northumbrian instead of our Common Worship liturgy on the third Sunday of the month. We will then review things after a few months of this trial. If we don't like it, we will revert back to Common Worship on that Sunday. If we like it, then the PCC will consider making it part of our pattern of services, giving us a broader range of liturgies.

And last, but by no means least, looking towards the end of the month, on Saturday 28th we are holding our usual Macmillan Coffee Morning. Last year we raised a magnificent sum. This year it would be great to match or even exceed this total for such a worthwhile and important cause.

We do hope you will get involved with some or all of these events,

God bless,

Heather

# **Harvest Field**

All around, confusion, All around, helplessness, People lost in the bad news of every day. Longing for purpose, Searching for security and significance Here in the white field of our generation. The harvest is still great, The workers are still few, But the Lord of the harvest Is the same Yesterday, today and forever, And this is His field. He planted, He will give growth If we will be His workforce And go out into the field – where He already is -To gather the harvest Of His kingdom compassion. Lord of the harvest, In Your grace, we pray, Send us.

By Daphne Kitching

# Meru's Musings

If four knitters can knit four stitches in four seconds, how many stitches can twelve knitters knit in twelve seconds?

The ages of a certain father and son are the same with the digits reversed. Nine years ago, the father was twice as old as the son. How old are they now?

What workers would find their lives a lot easier if they didn't make so much money?

#### Familiar Latin quotations.

Divide et impera Divide and rule. E pluribus unum From many, one. Ecce homo. Behold the man. Emeritus, Honorary; By reason of Merit. Errare humanum est. To err is human. Ex animo. From the heart: sincerely. rom the books of...... Ex libris.

#### Quotes of our elders. Integrity:

Integrity without knowledge is weak and useless, and knowledge without integrity is dangerous and dreadful. An honest fisherman is a pretty interesting person.

#### Jealousy:

Love may be blind, but jealousy sees too much.

Jealousy in the heart makes the bones rot.

#### Jerusalem:

The Assyrians burnt it and deported it's population; the Romans slew a million of its inhabitants, razed it to the ground, passed the ploughshare over it, and shrewd it's furrows with salt; Hadrian banished it's very name from the lips of men, changed it to 'Aelia Capitolina,' and prohibited any Jew from entering its precincts on pain of death. Persians and Arabs, Barbarians and Crusaders and Turks, took it and retook it, ravaged it and burnt it; and yet marvellous to relate, it ever rises from its ashes to renewed life and glory.

J.H Hertz Thanksgiving speech 1917

#### Latin names for plants

Latin Name	Common Name
Hamamelis	Witch Hazel
Hebe	Shrubby veronica
Hedera	lvy
Helichrysum	Curry plant
Helleborus	Lenten Rose
Helleborus niger	Christmas rose
Hemerocallis	Daylily
Heuchera	Coral bells
Hibiscus	Tree hollyhock
Hosta	Plantain Lily
Hylotelephium	Sedum, Stonecrop

Meru Ullah



### What's the Big Idea? An Introduction to the Gospel of Matthew

This month we turn to the New Testament and look at Matthew, the first of the gospels. Although linked to Matthew the apostle, it is generally believed that the author used oral tradition, written fragments, eye-witness accounts, as well as common material in the other synoptic gospels (Mark and Luke).

Matthew, in writing for Jews, sets out to prove that Jesus is the true Messiah. He connects Jesus' birth. life death and resurrection with the Old Testament Scriptures. In fact, he quotes the Old Testament more than any other New Testament author. This is reflected in the opening genealogy which traces Jesus back to Abraham; in his use of the terms kingdom of heaven and Father in heaven, reflecting a Jewish reluctance to use God's name; and in the way he portrays Jesus as the Son of David.

The whole gospel is structured around five blocks of teaching (chapters 5-7; 10; 13; 18; 24-25). This fivefold division reflects the structure of the Pentateuch (the first five books of the Old Testament).

Matthew provides a comprehensive context by which we see all God's creation and salvation completed in Jesus, and all parts of our lives (work, family, friends and future) completed in Him. At the end of his gospel, Matthew records Jesus' commission to His disciples share this good news, promising to be with them:

'All authority in heaven and on earth has been given to Me. Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age.' (28:18-20)

Canon Paul Hardingham



# ASHTON ON MERSEY SHOW BAND

(www.aomshowband.co.uk)

This 34 musician band has toured Europe & the USA, playing classical, musicals, jazz & pop music. The band, which celebrated it's 50<sup>th</sup> birthday in 2023, now presents a concert on

Saturday 19 Oct. starting 7 30pm (doors open 7pm) at the Civic Centre Alsager (ST7 2AE)

Tickets £15, available from the Home Coffee Shop, Alsager. The event includes free refreshments and a raffle.

100% OF THE PROFIT WILL GO TO THE CHRISTIE CHARITY,

including The Christie at Macclesfield, which serves

South Cheshire & parts of North Staffs.

Supporting





# Coffee Morning

Nattering over a cup of coffee and eating home-made cake has been a feature of the Macmillan Coffee Mornings held at All Saints over the last ten years. Through your generosity, we have raised over two and a half thousand pounds for this great cause. This year we will be holding our Coffee Morning on Saturday 28<sup>th</sup> September.

Everyone has been touched by cancer, either personally or through a member of the family, through a neighbour, work colleague or friend. This event is about giving back and helping in any way that we can. Being told you have cancer is an earthshattering moment. Macmillan nurses are there to help navigate people through their cancer journey, providing reassurance and support. Not only are they at the end of a phone to help those who have been diagnosed, they are there to listen, to give information and advice and help them through the whole illness.

**Macmillan** Just knowing they are there makes a huge difference.

> Every day, the number of people living with cancer in the UK rises. This means that there's a lot more to do to make sure no one faces cancer alone. This year at All Saints' we want to make our coffee morning bigger and better than ever before. That's why we need your help. It's really easy to take part. All you need do is visit All Saints' Church, Church Lawton from 10.30a.m. to 12.30p.m. on Saturdav 28<sup>th</sup> September 2024, enjoy a cup of tea or coffee and a piece of cake. If cake isn't your preference then try our cheesy oatcakes or bacon baps.

> We'd love you to take part in the activities and make a generous donation to Macmillan.

I hope you will feel able to support our fund-raising efforts and look forward to seeing you at the World's Biggest Coffee Morning on 28<sup>th</sup> September.

Margaret Cruxton







# For the World's Biggest Coffee Morning

# Saturday 28<sup>th</sup> September 2024

# 10.30a.m. to 12.30p.m.

# Don't like coffee? Don't worry we

have tea, bacon butties, toast and of

course cakes!



# From the Registers

### Funerals

On 15th August Susan Ann Dowler Age 73 years

"The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, .... Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."

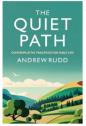
(23rd Psalm)

Church Co	llections fo	r July 2024
Week Beginning	07th July	£1,028.17
Week Beginning	14th July	£969.54
Week Beginning	21st July	£674.50
Week Beginning	28th July	£327.58

Our thanks to everyone who has helped us by giving faithfully and generously towards our costs of mission, ministry and maintenance.

During this unprecedented challenging time, you can also keep up to date via our website where you can find out about our worship, church life, giving and accessing our monthly parish magazine.

# **Book Review**



### The Quiet Path – Contemplative practices for daily life By Andrew Rudd, Canterbury Press, £12.99

The Quiet Path is a book for the walker, or the armchair traveller, the clear-sighted tourist, or the bewildered wanderer. Blending reflection and poetry, it shows how the simple practice of walking can become a quiet path of wonder, and how a brief pause in a busy day can turn into contemplation.

It explores how the ordinary practices of walking and noticing, recognising and writing can help us discover depth and spirituality in everything we encounter and find a deeper awareness of a Presence in all things.

This book is not about the big idea, the motorway, the A-road, the bypass. It's about snickets, byways, bridleways and gentle lines across the map. Every page is a signpost pointing down a quiet path, ready for you to take a walk through the landscape of the heart.



# Laugh lines etcetera...

#### Visit

A bishop visited a primary school in his full episcopal attire – with his mitre, robes and bishop's crook or crozier. A little lad's mother asked him later what he had thought of the bishop's visit to his school. The little boy replied: "It was great – now I know what a real crook looks like!"



"Finally, we're still waiting for someone from last week's Parent & Toddler Group to come and claim this lost property..."

# Those Church Notices that didn't quite make it...

A talk on drugs will be given at the next Mothers' Union meeting. This will be followed by a Bring and Buy Sale.

A sudden gust of wind took all who were at the ceremony by surprise. Hats were blown off and copies of the vicar's speech and other rubbish were scattered over the site.

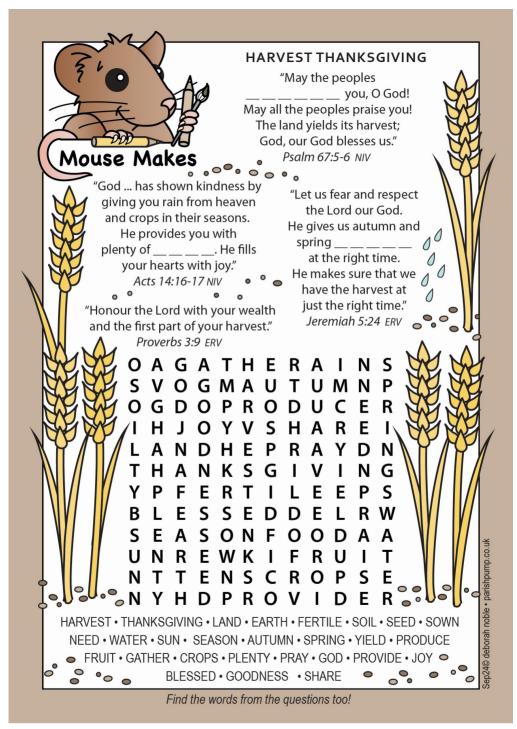
The Rector is on holiday this month. Local clergy will be celebrating with us all the Sundays that he is away.

Don't allow anxiety to kill you. Let the church help.

Don't miss the Young Wives' Victorian evening next month. It will be a fun night and some of the women will wear clothes.

#### Permission

Extract from an official letter notifying residents of a new boundary road: "It is hoped to take the new by-pass through the old cemetery, provided we can get permission from the various bodies concerned."



# Recycling & Green Living Tips

Five tips for attracting bees to your garden

1. Mow less. Studies have found that lawns



mowed every three weeks have two and half times more flowers than those mowed weekly. Dandelions and clover flourish, providing vital sources of pollen.

2. Plant bee-loved flowers. Viper'sbugloss, teasel and toadflax are all favourites for bees.

Find more ideas at

www.gardenorganic.org.uk/flowersfor-wildlife.

3. Mix it up. Plant a diverse range of flowers, vegetables, shrubs and trees for the biggest range of food sources for bees, and other insects.

4. Ditch pesticides. Find alternative ways to tackle 'pests'. Here's our top tips: http:// www.gardenorganic.org.uk/.../ prevention-is-the-key....

5. Add water. Bees love to visit ponds, and a bee bath - a shallow tray of water with stepping stones will allow them to drink and bask.

# Having a quick break? Here are seven ways to make it more sustainable

Wash your hands more wisely. When you give your hands a quick scrub before coffee or lunch, pay a bit more attention to your taps? Are they still running while you soap and lather? A running tap wastes about 6 litres of water per minute. So, switch the taps on for the initial soak and final rinse and turning them off while scrubbing could save 12 litres of water per day.

#### Read a library book

As well as being free to borrow, library books have long lives being read thousands of times by different readers reduces the need to print thousands of copies creating carbon emissions. Keep your local library open by using it.

# Keep sustainability in mind on your coffee break

Only boil the water you need for your drink.

# Drink from a reusable bottle or coffee cup

If you are out of home, take your reusable bottle or cup and if you must have a single-use item recycle it.

#### Opt for a meat-free meal

If you are buying food or eating out it might be cheaper to go meat free. Research suggests that eating one less burger a week would reduce carbon emissions equivalent to taking your car off the road for 320 miles.

#### Have a crack at fixing a broken item

Try your hand a repairing – there might be a community group that can help. Fixing something reduces consumption and saves cash.

#### **Clear your inbox**

How many mailing lists are you on? If they are bombarding you with emails that end up in the bin folder? It is time to unsubscribe. An e-mail uses less carbon than a paper letter but even a standard e-mail uses 4g of carbon emissions so sending 102 is equivalent to driving a mile in your car. If you attach an image the emissions go up to 50g per e-

#### Problems with glow sticks



Initially designed for military and civil security use for emergency

lighting; glow sticks have applications as varied as camping lights and nightfishing lures. You will also see them at birthday parties or brandished on nightclub dance floors and music festivals. But after the celebration, what do you do with these plastic wands? Are glow sticks recyclable or reusable? And how can you dispose of them when they stop glowing? As celebratory as they are, glow sticks pose multiple problems for the environment:

- They're disposable, designed for single use.
- They're made of plastic.
- They're non-recyclable.
- They contain questionable chemicals.

#### **Glow Sticks Create Waste**

They tend to get dumped and strewn about the ground after events. Amazon lists more than 20,000 different products under the category "glow sticks." Party packs come with hundreds of flexible glow sticks that revellers can fashion into glowing necklaces, bracelets, headbands, and more. These disposable plastic tubes are single-use plastics — they can only be used once. So if you must use them, put them in a bag and then in the landfill bin. Do not just throw them on the ground.

#### Change your lightbulbs

Over its lifetime, an LED light bulb will use 75% less



power and cost £126 less than an incandescent bulb. So there is no better reason not to switch all your lighting to LED bulbs.

#### Happy recycling

#### **Carol Henshaw**

# All Saints' Community Page

On August 18th Heather and Alan hosted an Afternoon tea at the Rectory. Around 40 people came and it was a lovely afternoon of friendship and fellowship. Even the weather was kind! Lots of lovely food to eat including a lovely yummy Thai pudding. A few doggy bags were appreciated too.













Saturday 28th September 10.30am to 12.30pm Douglas Macmillan Coffee Morning

Saturday 26th October 10.30am to 12.30pm Coffee and Christmas Craft Fayre



# All Saints' Church Lawton is open daily

The church is open daily for private prayer 10am to 4pm. Come in and spend a few quiet moments in the tranquil and peaceful setting. There is a prayer station at the front of the church or simply choose a pew.

## Morning Prayer at All Saints'

Rev Sister Heather Kemball warmly invites you to join her for Morning Prayer at 8.30am on Monday, Wednesday and Friday

### Midweek Communion at the Rectory

Every Wednesday morning at 11am, on the first Wednesday of each month it will be followed by an informal lunch.

First Wednesday of each month at 6.30pm followed by an informal supper.

# Prayer for September 2024

Lord, here we are in September – a beautiful month at the end of the summer, but before the autumn has taken hold. A month of excitement and new starts for many, a month when courage is needed for our children and young people.

And Lord we pray for courage, compassion and integrity for our new Prime Minister and our new government. We pray for justice and peace in our country and in the world.

Help us Lord, to know that you are Lord of September; you are Lord and giver of every new month, every new day, every new minute. Help us to put our trust in you for our adventures and for our mundane everyday routines.

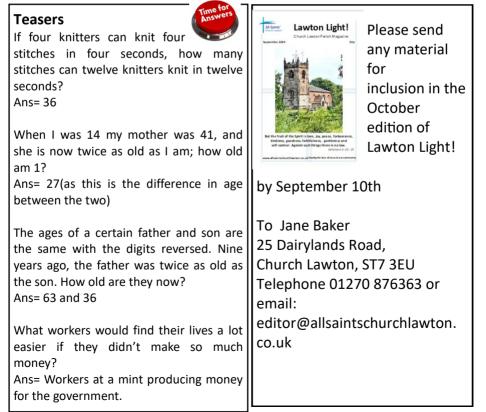
You are our generous, loving Father and promise that you will never leave us or forsake us when we trust in you, through Jesus Christ, our Lord and Saviour.

Amen.

By Daphne Kitching

# **Bible Readings for Services**

Date	Epistle	Gospel
1st	Acts 15: 36 - 41	John 15: 12 - 17
8th	Acts 27: 27 - 44	Galatians 5: 22 - 26
15th	Exodus 32: 1 - 20	Luke 4: 14 - 30
22nd	James 1: 19 - 27	Luke 10: 38 - 42
29th	Jeremiah 2: 9 - 19	Luke 22:47 - 62



# Services & Speakers Septemeber 2024

	8.30am	10.45am	6.00pm		
	Trinity 14				
1st	Holy Communion	Holy Communion	Service of the Word		
	Heather Kemball	Bev Boulton	Bev Boulton		
	Trinity 15				
9th		Praise and Prayer RNLI	Holy Communion		
		Heather Kemball	Heather Kemball		
	Trinity 16				
15th	Holy Communion	Holy Communion	Evening Prayer		
	Heather Kemball	Margaret Cruxton	Margaret Cruxton		
	Trinity 17				
22nd		Praise and Prayer	Holy Communion		
		Margaret Cruxton	Margaret Cruxton		
29th	Trinity 18				
		Holy Communion With Healing	lona		
		Heather Kemball	Heather Kemball		



# August Rotas

Date	Time	Service	Readers	Prayers
1st September	8.30am	Holy Communion BCP		
	10.45am	Holy Communion	Pat Lancasteer	Heather Kemball
			Yvonne Banks	
	6.00pm	Service of the Word	Chris Preston	Heather Kemball
			Kieran Hutchinson	
9th September	9.00am	Messy Church		
	10.45am	Praise & Prayer	Linda Jones	Yvonne Banks
			Janet Parker	
	6.00pm	Holy Communion CW	Harold Dowler	Bev Boulton
			Bev Boulton	
15th September	8.30am	Holy Communion CW		
	10.45am	Holy Communion	Margaret Mellor	Jane Baker
			Paul Cruxton	
	6.00pm	Evening Prayer	Chris Preston	Jane Baker
			Harold Dowler	
22nd September	10.45am	Praise & Prayer	Ruth Griffiths	
			Mel Nixon	Bev Nixon
	6.00pm	Holy Communion BCP	Chris Preston	Harold Dowler
			Kieran Hutchinson	
29th September	10.45am	Holy Communion	Jane Baker	
		With Healing	Di Williams	Alan Kemball
	6.00pm	lona	Kieran Hutchinson	Bev Boulton
			Harold Dowler	





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